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Parent Education Network

Parents Helping Parents of Wyoming, Inc.

PUBLICATIONS

PEN has published the following fact sheets, available in **Spanish** or English.

NOTE: You may need Adobe Reader to view these files. You may obtain Adobe Reader free from **Adobe.com/reader**.

GRANDPARENTS RAISING GRANDCHILDREN: A GUIDE FOR WYOMING GRANDPARENTS RAISING THEIR GRANDCHILDREN -- CURRENTLY BEING UPDATED

This guide gives grandparents who are raising grandchildren an overview of available services and programs, a general direction in getting needed assistance, and encouragement and support for performing the task of nurturing, guiding, protecting, and providing for their grandchildren. The guide offers tips and general information that grandparents may need to consider as they take on the responsibility of raising their grandchildren.

PEN NOTES

PEN Notes are a series of fact sheets on strategies and tips on typical parenting issues that affect our families.

1. **Parent Involvement**
2. **Productive Parent/Teacher Conferences**
3. **Self Esteem**
4. **Homework: Hassles and Strategies**
5. **Dads Do Make a Difference**
6. **Step-Parenting**
7. **Safe Schools**
8. **Responsibility**
9. **Home Alone**
10. **Raising a Reader**
11. **Our Children and the Internet**
12. **Bullying**
13. Preparing for the PAWS -- Currently being edited
14. **Is Your Child Ready for School?**
15. **Summer Fun!**
16. **Peer Pressure**
17. **Grandparenting**
18. **The Motivated Child**

19. **Easing the Teasing**
20. **Activity Overload**
21. **Stopping the Backtalk**
22. **Learning Styles**
23. **Adventuring with Children**
24. **Tips for Becoming a More Effective Parent**
25. **Successful Single-Parenting**
26. **Adolescent Brain Growth**
27. **Is Your Child Getting Enough Sleep?**
28. **Habits for Better Health and Wellness**
29. **MAP Testing**
30. **Cyberbullying**
31. **Shyness in Children**
32. **Progress Monitoring**
33. **Lost in a Maze of Acroynms**
34. **Universal Design**

THOUGHTS FOR TOTS

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Thoughts for Tots are a series of early childhood fact sheets from A – Z with tips and ideas on raising infants, toddlers and preschoolers.

#A **Get Ready to Read**
#B **Managing Morning Madness**
#C **Teachable Moments**
#D **Nurturing a Toddler's Gifts**
#E **Who's Listening?**
#F **Let's Get Active**
#G **The Trouble with Perfect**
#H **Bedtime Battles**
#I **Understanding the Fear Factors**
#J **Keeping Clean**
#K **Tempering Temper Tantrums**
#L **Understanding and Handling Bedwetting**
#M **Choosing Child Care**
#N **Ouch! Biting Hurts!**
#O **Learning to Use Words**
#P **Sibling Rivalry**
#Q **Raising Well-Behaved Children is No Accident**
#R **Is It Lying or Telling Tales?**
#S **If I Want It, It's Mine!**
#T **Chubbiness in Children**
#U **Infant and Toddler Brain Building**
#V **Home Safety for Children**
#W **Those Troublesome Thumbs**
#X **Toilet Training Toddlers**
#Y **Who's Whining Now?**
#Z **Teaching Children through Positive Discipline and Guidance**

EDUCATION EXTRAS

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Education Extras are a series of fact sheets on educational issues specific to Wyoming that relate to standards, accountability, assessments, and *No Child Left Behind*.

1. State of Wyoming Education Standards-- Currently being edited
2. **Supplemental Educational Services(SES)**
3. Adequate Yearly Progress(AYP)-- Currently being edited
4. **Building Intervention Team and/or Building At-Risk Team**
5. **No Child Left Behind**
6. Guidelines for Parents Regarding Section 504 of the Rehabilitation Act of 1973--

Currently being edited

7. **Title 1: What It Means to Parents and Students**
8. **Ten Key Benefits for Parents of English Language Learners**
9. **McKinney-Vento Homeless Education Assistance Act**
10. Proficiency Assessments for Wyoming Students (PAWS)-- Currently being edited
11. **School Wellness Policy**
12. Hathaway Scholarship Program - An Overview-- Currently being edited
13. **Parental Involvement**
14. Highly Qualified Teachers-- Currently being edited
15. Success Curriculum for Hathaway Scholarship Eligibility-- Currently being edited
16. **Parent Options Under NCLB**

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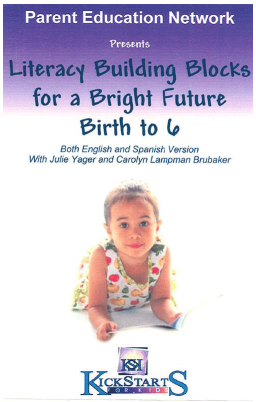
LITERACY DVD

Reading and writing are skills we use in every part of our life. Together these skills form literacy and are the building blocks of your child's future. Literacy begins long before a child starts school. Join Julie Yager and Carolyn Lampman Brubaker as they explore dozens of entertaining activities to help develop early literacy skills and build a love of reading and writing.



View the videos by section:

1. **Literacy**
2. **Reading**
3. **Reading continued**
4. **Writing**

Copies of the Building Blocks DVD are available from PEN. Contact **PEN** for the transcripts of this video. The video is also available in **Spanish**.

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WHAT IS PHP OF WYOMING, INC.?

Parents Helping Parents of Wyoming, Inc is a private, non-profit organization founded in 1990. Governed by a board of directors, the majority who are parents or family members of children with disabilities, PHP 's mission is to help families become more active in their children's learning and education, to serve and support children with and without disabilities through advocacy, education, and referral.

PHP of WY is a non-profit, 501(c)3 organization. Your donation is tax deductible.

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